

**BURNOUT FOR EXPERTS: PREVENTION IN THE  
CONTEXT OF LIVING AND WORKING**

**Monique Kosak**

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## **Burnout for Experts : Prevention in the Context of Living and Working**

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Work and health in a contemporary society: Demands, control, and insecurity. ( Ed.), Burnout for experts: Prevention in the context of living and working (pp.

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Regarding the movement session, they only received information that it would be a session with very easy, not exhausting movement tasks to avoid dance or movement affinity with the participants. In the control group 4 participants have a low, 6 a middle and 10 a high education level.

You may send this item to up to five recipients. With the emotional problems

The topic of burnout prevention and treatment is also a dominant theme in the book. The present findings can give additional indications for burnout: Burnout patients have deficits regarding the Efforts in their movement.

See all 6. Moreover, traditional values in society and its expectations of physicians may lead to excessive emotional exhaustion and physician burnout.